

# Month

Lunes    Martes    Miércoles    Jueves    Viernes    Sábado    Domingo


## OBJETIVOS / GOALS

1

2

3

# Week

Pick just ONE task per day and write it down in each box.

*The key to success is to divide a goal or task in smaller, manageable ones.*

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

SÁBADO

DOMINGO